

Home First Aid Kit Checklist

Contents Checklist

| First Aid Item | Minimum Level | Quantity | Package Intact? | Package in-date? |
|--|---------------|----------|-----------------|------------------|
| Conforming bandage 5cm x 4.5m | 2 | | | |
| Conforming bandage 7.5cm x 4.5m | 2 | | | |
| Steropax eyepad - sterile | 2 | | | |
| Instant Ice Pack | 2 | | | |
| Non-woven triangular bandage | 2 | | | |
| Sterile saline wipes | 8 | | | |
| Washproof sterile plasters - hypoallergenic adhesive | 30 | | | |
| Pairs of medium gloves | 2 | | | |
| Safety pins | 12 | | | |
| Roll of microporous tape | 1 | | | |
| Low adherent dressing - sterile | 2 | | | |
| Steropore 7cm x 6cm | 2 | | | |
| Pair of scissors | 1 | | | |
| Tweezers | 1 | | | |
| Foil first aid blanket | 1 | | | |